Gluten Sensitive Menu

Appetizers

Sautéed Mussels
Garlic, Olive oil, white wine, capers, plum tomatoes, scallions, parmesan, romano.
Order without garlic bread. 16.95

Shrimp Cocktail
Five jumbo shrimp, cocktail sauce. 18.95

Sautéed Artichokes
Olive oil, white wine, lemon, fresh basil, tomatoes, capers, parmesan, romano.
Order without garlic bread. 15.95

Soups

French Onion Soup
Please order without crouton.
baked until golden brown. 10.95

Soup Of The Day
Please ask your server if today's selection is gluten free.
Cup 8.95 / Bowl 9.95

Salads

Garden Salad
Mixed salad greens, cherry tomatoes, cucumbers, red onion, cheddar jack. 12.95

Caesar Salad
Please order with no croutons.
Romaine, creamy caesar dressing, asiago, parmesan. 13.95

Greek Salad
Mixed salad greens, cherry tomatoes, cucumbers, red onion, feta, Kalamata olives. 14.95

Arugula Salad
Baby arugula, goat cheese, candied walnuts, sliced strawberries. 14.95

Wedge Salad
Iceberg, blue cheese crumbles, bacon, cherry tomatoes, red onion, balsamic drizzle, blue cheese dressing. 14.95

Spinach Salad
Baby spinach, goat cheese, chopped bacon, cranberries. 14.95

Add to any salad: Grilled Chicken 8 *Steak Tips 12 Grilled Salmon 11 Grilled Shrimp 10 Lobster Salad 18

Italian, Russian, Zinfandel Vinaigrette, Ranch, Bleu Cheese, Greek, Balsamic Vinaigrette, Peppercorn Parmesan

Fresh Seafood

Baked Atlantic Haddock
Topped with gluten free panko. 26.95

Baked Scallops
Topped with gluten free panko. 32.95

Baked Haddock & Scallops
Topped with gluten free panko. 32.95

Baked Salmon Fillet
Topped with gluten free panko. 28.95

Baked Lobster Pie
Topped with gluten free panko. 35.95

Grilled Salmon Dijon
Creamy dijon sauce. 28.95

Grilled Balsamic Salmon
Grilled and topped with a balsamic glaze. 28.95

Grilled and Roasted Favorites

All of our steaks are hand-cut in house, USDA Choice beef. Served with your choice of two gluten sensitive sides.
Top any steak with sautéed peppers and onions for $2.

*Roast Prime Rib
Our slow roasted choice ribeye.
Served with au jus.
16 ounce 35.95 - 24 ounce 44.95

*Filet Mignon
9oz choice tenderloin. 41.95

*N.Y. Sirloin Steak
14 ounces of choice western beef. 37.95

*Grilled Ribeye Steak
16 ounces of choice ribeye. 37.95

BBQ Baby Back Ribs
Half Rack 24.95 - Full Rack 31.95
Apple-wood slow smoked, brushed with BBQ.

BBQ Ribs and Chicken
A half rack of baby back ribs, grilled BBQ chicken breast. 28.95

*Mixed Grill
Sirloin tips, grilled BBQ chicken breast, sweet Italian sausage, grilled peppers, onions. 30.95

*Sirloin Tips
A full pound of marinated choice sirloin tips grilled to your liking. 30.95

Cheddar Jack Chicken
BBQ, mushrooms, bacon, cheddar, monterey jack. 24.95

Grilled BBQ Chicken
Charbroiled boneless chicken breasts brushed with BBQ sauce. 23.95

*Grilled Pork Chops
Marinated, boneless, cinnamon apples. 23.95

Surf & Turf

Served with your choice of two gluten sensitive sides.

*Roast Prime Rib Surf
14 oz. choice prime rib. 42.95

*Filet Mignon Surf
10 oz. choice filet mignon. 47.95

*Grilled Ribeye Surf
16 ounces choice ribeye. 43.95

*Grilled Pork Chops Surf
Two 8oz. marinated, boneless chops. 29.95

*Sirloin Tips Surf
12oz. marinated choice sirloin tips. 35.95

*N.Y. Sirloin Surf
14 oz. choice New York sirloin. 43.95

Served with your choice of: baked haddock, baked salmon, shrimp scampi or grilled salmon - baked scallops +$4, lobster pie +$14

Baked seafood selections are topped with gluten free panko crumbs.

Gluten Sensitive Sides

Baked Potato **Mashed Potato** **Rice Florentine** **Fresh Seasonal Vegetable** **Coleslaw** **Steamed Broccoli**

Garden Salad (add $6) **Caesar Salad (Order without croutons) (add $6)**

*CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Before placing your order, please inform your server if a person in your party has gluten sensitivity or other food allergy.