

Gluten Sensitive Menu

Appetizers

Sautéed Mussels

Garlic, Olive oil, white wine, capers, plum tomatoes, scallions, parmesan, romano.
Order without garlic bread. 14.95

Shrimp Cocktail

Five jumbo shrimp, cocktail sauce. 15.95

Sautéed Artichokes

Olive oil, white wine, lemon, fresh basil, tomatoes, capers, parmesan, romano.
Order without garlic bread. 14.95

Soups

French Onion Soup

Please order without crouton.
baked until golden brown. 8.95

Soup Of The Day

Please ask your server if today's selection is gluten free.
Cup 6.95 / Bowl 7.95

Salads

Garden Salad

Mixed salad greens, cherry tomatoes, cucumbers, red onion, cheddar jack. 10.95

Caesar Salad

Please order with no croutons.
Romaine, creamy caesar dressing, asiago, parmesan. 11.95

Greek Salad

Mixed salad greens, cherry tomatoes, cucumbers, red onion, feta, Kalamata olives. 12.95

Arugula Salad

Baby arugula, goat cheese, candied walnuts, sliced strawberries. 12.95

Wedge Salad

Iceberg, blue cheese crumbles, bacon, cherry tomatoes, red onion, balsamic drizzle, blue cheese dressing. 12.95

Spinach Salad

Baby spinach, goat cheese, chopped bacon, cranberries. 12.95

Add to any salad: Grilled Chicken 6 Steak Tips 9 Grilled Salmon 8 Grilled Shrimp 8 Lobster Salad 15

Italian, Russian, Zinfandel Vinaigrette, Ranch, Bleu Cheese, Greek, Balsamic Vinaigrette, Peppercorn Parmesan

Fresh Seafood

Baked Atlantic Haddock

Topped with gluten free panko. 22.95

Baked Scallops

Topped with gluten free panko. 28.95

Baked Haddock & Scallops

Topped with gluten free panko. 28.95

Baked Salmon Fillet

Topped with gluten free panko. 25.95

Baked Lobster Pie

Topped with gluten free panko. 31.95

Grilled Salmon Dijon

Creamy dijon sauce. 25.95

Grilled Balsamic Salmon

Grilled and topped with a balsamic glaze. 25.95

Crab Stuffed Haddock

Sweet blue crab,
Topped with gluten free panko. 25.95

Grilled and Roasted Favorites

All of our steaks are hand-cut in house, USDA Choice beef. Served with your choice of two gluten sensitive sides.
Top any steak with sautéed peppers and onions for \$2.

Roast Prime Rib

Our slow roasted choice ribeye.

Served with au jus.

16 ounce 31.95 - 24 ounce 39.95

Filet Mignon

9oz choice tenderloin. 35.95

N.Y. Sirloin Steak

14 ounces of choice western beef. 31.95

Grilled Ribeye Steak

16 ounces of choice ribeye. 31.95

BBQ Baby Back Ribs

Half Rack 19.95 - Full Rack 26.95

Apple-wood slow smoked,
brushed with BBQ.

BBQ Ribs and Chicken

A half rack of baby back ribs,
grilled BBQ chicken breast. 25.95

Mixed Grill

Sirloin tips, grilled BBQ chicken
breast, sweet Italian sausage,
grilled peppers, onions. 27.95

Sirloin Tips

A full pound of marinated choice
sirloin tips grilled to your liking. 27.95

Cheddar Jack Chicken

BBQ, mushrooms, bacon,
cheddar, monterey jack. 20.95

Grilled BBQ Chicken

Charbroiled boneless chicken breasts brushed
with BBQ sauce. 19.95

Grilled Pork Chops

Marinated, boneless, cinnamon apples. 19.95

Surf & Turf

Served with your choice of two gluten sensitive sides.

Roast Prime Rib Surf

14 oz. choice prime rib. 37.95

Filet Mignon Surf

10 oz. choice filet mignon. 41.95

Grilled Ribeye Surf

16 ounces choice ribeye. 37.95

Grilled Pork Chops Surf

Two 8oz. marinated, boneless chops. 26.95

Sirloin Tips Surf

12oz. marinated choice sirloin tips. 32.95

N.Y. Sirloin Surf

14 oz. choice New York sirloin. 37.95

Served with your choice of: baked haddock, baked salmon, shrimp scampi or grilled salmon - baked scallops +\$3, lobster pie +\$12

Baked seafood selections are topped with gluten free panko crumbs.

Gluten Sensitive Sides

Baked Potato

Mashed Potato

Rice Florentine

Fresh Seasonal Vegetable

Coleslaw

Steamed Broccoli

Garden Salad (add \$5) Caesar Salad (Order without croutons) (add \$5)

****CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS***

Before placing your order, please inform your server if a person in your party has gluten sensitivity or other food allergy.