

# Gluten Sensitive Menu

## Appetizers

### Sautéed Mussels

Garlic, Olive oil, white wine, capers, plum tomatoes, scallions, parmesan, romano.  
Order without garlic bread. 13.95

### Shrimp Cocktail

Five jumbo shrimp, cocktail sauce. 14.95

### Sautéed Artichokes

Olive oil, white wine, lemon, fresh basil, tomatoes, capers, parmesan, romano.  
Order without garlic bread. 13.95

## Soups

### French Onion Soup

Please order without crouton.  
baked until golden brown. 7.95

### Soup Of The Day

Please ask your server if today's selection is gluten free.  
Cup 5.95 / Bowl 6.95

## Salads

### Garden Salad

Mixed salad greens, cherry tomatoes, cucumbers, red onion, cheddar jack. 9.95

### Caesar Salad

Please order with no croutons.  
Romaine, creamy caesar dressing, asiago, parmesan. 9.95

### Greek Salad

Mixed salad greens, cherry tomatoes, cucumbers, red onion, feta, Kalamata olives. 10.95

### Arugula Salad

Baby arugula, goat cheese, candied walnuts, sliced strawberries. 10.95

### Wedge Salad

Iceberg, blue cheese crumbles, bacon, cherry tomatoes, red onion, balsamic drizzle, blue cheese dressing. 10.95

### Spinach Salad

Baby spinach, goat cheese, chopped bacon, cranberries. 10.95

**Add to any salad: Grilled Chicken 6 Steak Tips 9 Grilled Salmon 8 Grilled Shrimp 8 Lobster Salad 15**

Italian, Russian, Zinfandel Vinaigrette, Ranch, Bleu Cheese, Greek, Balsamic Vinaigrette, Peppercorn Parmesan

## Fresh Seafood

### Baked Atlantic Haddock

Topped with gluten free panko. 20.95

### Baked Scallops

Topped with gluten free panko. 27.95

### Baked Haddock & Scallops

Topped with gluten free panko. 26.95

### Baked Salmon Fillet

Topped with gluten free panko. 24.95

### Baked Lobster Pie

Topped with gluten free panko. 30.95

### Grilled Salmon Dijon

Creamy dijon sauce. 24.95

### Grilled Balsamic Salmon

Grilled and topped with a balsamic glaze. 24.95

### Crab Stuffed Haddock

Sweet blue crab,  
Topped with gluten free panko. 24.95

## Grilled and Roasted Favorites

All of our steaks are hand-cut in house, USDA Choice beef. Served with your choice of two gluten sensitive sides.  
Top any steak with sautéed peppers and onions for \$2.

### Roast Prime Rib

Our slow roasted choice ribeye.

Served with au jus.

16 ounce 29.95 - 24 ounce 38.95

### Filet Mignon

9oz choice tenderloin. 33.95

### N.Y. Sirloin Steak

14 ounces of choice western beef. 29.95

### Grilled Ribeye Steak

16 ounces of choice ribeye. 29.95

### BBQ Baby Back Ribs

Half Rack 18.95 - Full Rack 24.95

Apple-wood slow smoked,  
brushed with BBQ.

### BBQ Ribs and Chicken

A half rack of baby back ribs,  
grilled BBQ chicken breast. 23.95

### Mixed Grill

Sirloin tips, grilled BBQ chicken  
breast, sweet Italian sausage,  
grilled peppers, onions. 25.95

### Sirloin Tips

A full pound of marinated choice  
sirloin tips grilled to your liking. 25.95

### Cheddar Jack Chicken

BBQ, mushrooms, bacon,  
cheddar, monterey jack. 19.95

### Grilled BBQ Chicken

Charbroiled boneless chicken breasts brushed  
with BBQ sauce. 18.95

### Grilled Pork Chops

Marinated, boneless, cinnamon apples. 18.95

## Surf & Turf

Served with your choice of two gluten sensitive sides.

### Roast Prime Rib Surf

14 oz. choice prime rib. 35.95

### Filet Mignon Surf

10 oz. choice filet mignon. 39.95

### Grilled Ribeye Surf

16 ounces choice ribeye. 35.95

### Grilled Pork Chops Surf

Two 8oz. marinated, boneless chops. 25.95

### Sirloin Tips Surf

12oz. marinated choice sirloin tips. 30.95

### N.Y. Sirloin Surf

14 oz. choice New York sirloin. 35.95

**Served with your choice of: baked haddock, baked salmon, shrimp scampi or grilled salmon - baked scallops +\$3, lobster pie +\$12**

**Baked seafood selections are topped with gluten free panko crumbs.**

## Gluten Sensitive Sides

Baked Potato

Mashed Potato

Rice Florentine

Fresh Seasonal Vegetable

Coleslaw

Steamed Broccoli

Garden Salad (add \$4)

Caesar Salad (Order without croutons) (add \$4)

**\*\*CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS\***

Before placing your order, please inform your server if a person in your party has gluten sensitivity or other food allergy.